



Sheet Metal Workers Local Union 25
New Jersey Benefit Funds
440 Barell Avenue, Carlstadt, NJ 07072



Phone: 201-507-0334 • www.smw25.org • Fax: 201-507-0432

August 2023

2023 Benefits Fund Fair – Family Wellness Day

Dear Brothers and Sisters:

The Elected Officials, the board of Trustees and the office Staff of Local 25 have planned an exciting and informative day. We invite you and your family to attend and participate in our Benefits Fund Fair – Family Wellness Day on Saturday, September 9, 2023 between the hours of 10:00 AM and 2:00 PM to be held at the Union Office in Carlstadt, NJ.

Please go to our events website, <https://smw25.unionfusion.net/Lite/Event/Index/3000> and register your attendance to the Fair.

There will be food, drinks and many activities for you and the kids to enjoy. We have many exhibitor booths and presentations for you to visit and learn about your benefits. In addition we will have Health Screenings available at no Cost to You! There will be Raffles with lots of great prizes to be won and many opportunities to get extra raffle tickets.

If you have any questions or require additional information please contact Karleen O'Neill, Funds Administrator at koneill@smw25.org or Ginger Olson at golson@smw25.org.

Fraternally yours,

Joseph Demark Jr.

President/Business Manager/Funds Chairman



Raffles, Fun, Food & Games



Check your emails and our website (www.smw25.net) for updates and additional information on this event.

Benefits Fair Agenda

Sheet Metal Workers Local Union No. 25



Sessions - Each session you attend will give you a Raffle Ticket for the drawing of the gifts. Gifts include 2 Fit Bit Sense Watches, 2 Fit Bit Inspire Watches, an Apple Watch, an Electric Toothbrush, an Igloo Cooler, and more .

In the Education Class Room:

At 10:30 to 11:00 - SASMI Trust Fund

Ildi St. Pierre, will speak about SASMI-General Information- Benefits Available for Active Participants and Retired Participants – SASMI Severance – Health Care Reimbursement (HCRA)

At 11:30 to 12:00 - National Pension Fund

Jessica Smith, Manager, will present information about your pension benefits, vesting, eligibility and retirement. Jessica will have personalized information for each member.

At 12:30 to 1:00 - Empower

Kevin Cyr, will speak about your Annuity information.



Sheet Metal Workers Local 25 NJ Welfare Fund Hosts Screening To Detect Your Risk For Stroke, Heart Issues & Diabetes In Under 60 Minutes!

Members, Spouses. Retirees & Adult dependents Screen FREE!

"During the ultrasound on my neck Health Gauge found an enlarged thyroid. I followed up with my family doctor, a nodule was detected. That nodule was later diagnosed as follicular carcinoma. Due to early detection the numbers are on my side with a 97% survival rate. I had no idea there were issues with my thyroid or the problems this could cause for my health. Taking 45 minutes out of my day to attend the health fair at the hall saved my life. I encourage everyone to sign up for this!"
– Plumbers Local 8 member

**Sheet Metal Workers Local 25 NJ Welfare Fund
440 Barell Avenue
Carlstadt, NJ 07072
Saturday, September 9th, 2023
10:00 AM – 2:00 PM**

***Appts. are necessary!! Call 515-244-3080 or sign up online
at <https://smwl25.hgscreenings.com/>***

<u>All Life Saving Screenings Provided at No Cost!</u>
Ultrasound Screenings Stroke/Carotid Artery Screening – Visualizes the buildup of fatty blockage in the carotid arteries. Abdominal Aortic Aneurysm (AAA) – Visualizes the existence of an aneurysm in the abdominal aorta. Peripheral Arterial Disease (PAD) – Checks for blockage in the legs.
Bloodwork & Biometrics Chemistry Panel – This test gives you and your doctor a clearer picture of your overall health. Hemoglobin A1C– This test may be used to screen for and diagnose diabetes and pre-diabetes in adults. Prostate Specific Antigen Test (PSA) – This test screens for prostate cancer by testing levels of PSA. Thyroid Stimulating Hormone Test (TSH) – This blood test is used to check for thyroid gland problems. Biometric Measurements – Cholesterol, Glucose, Blood Pressure, Height, Weight, BMI, & Waist

8 hr fast is optional - NOT REQUIRED!

2023 Benefits Fund Fair – Family Wellness Day

Sheet Metal Workers Local Union No. 25 Union Hall
440 Barell Ave, Carlstadt, New Jersey 07072

Saturday, September 9, 2023 - 10:00 AM to 2:00 PM

Check your emails and our website (www.smw25.net) for updates and additional information on this event.

THERE WILL BE FOOD AND DRINKS TO ENJOY. RAFFLES TO BE WON. BALLOON ARTIST AND FACE PAINTING FOR THE KIDS.

THERE WILL BE PRESENTATIONS IN THE CLASSROOM GIVEN BY NPF, SASMI, EMPOWER.

We will have several exhibitors including but not limited to the list below.



**EACH EXHIBITOR
YOU VISIT WILL
GIVE YOU A
RAFFLE TICKET
FOR THE DRAWING**

SOME OF THE RAFFLE GIFTS ARE SHOWN BELOW



Fit Bit Sense Watch

**Electric
Toothbrush**



Fit Bit Inspire Watch



**Apple
Watch**



**Igloo
Cooler**



Exhibitors include:

AETNA Health Care

Rapid Response

Cigna Health Care

Hello Heart

GVS Vision

Retiree First

Empower

United Health Care

National Pension Fund

Van Halen Assoc.
(Retiree Dental)

SASMI

ID Resolutions
(Identity Theft)

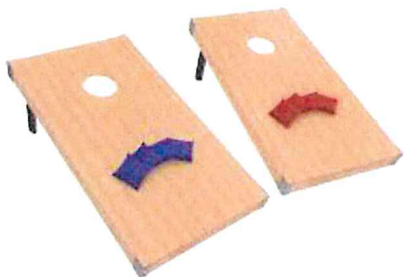


**LOCAL 25 TOTE BAGS
FREE AT CHECK-IN**

EAP – Employee Assistance Program
Lower Hudson Valley

**THERE WILL ALSO BE HEALTH SCREENINGS
AVAILABLE AT NO COST TO YOU!**

Kids Activities



CORN HOLE

FACE PAINTING *11 AM TO 1 PM*



BALLOONIST *11:30 AM TO 1:30 PM*

POPCORN



**Raffles, Fun,
Food & Games**